

The Flame

Invite • Inspire • Involve

January 2009

January 4—Epiphany (The manifestation of Christ to the world)
The Sacrament of Holy Communion

January 11—Baptism of the Lord
The Remembrance of Baptism

From January 18 through February 22, Rev. Rosa will
preach a 6 week series on “Challenging Scriptures.”

January 18—“Challenging Scriptures: The Origin of Sin”
Genesis 3:1-24

January 25--“Challenging Scriptures: Are the 10 Commandments Necessary?”
Exodus 20:1-17



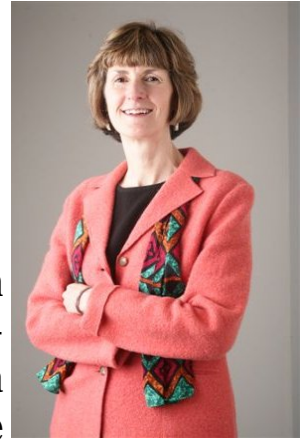
New Year's Resolutions for 2009

- Volunteer to serve on the Audio/Video Tech Teams (see p.2)
- Grow my Christian Faith by participating in a Christian Adult Education offering (see p.5)
- Check out Wednesday Nights Together for the whole family, with great offerings and classes for all ages (see p.5)
- Sign up for one of the many 2009 Mission Trips (see p.7)
- Serve on the Hospitality Team, greeting visitors and members on Sunday mornings (see p.2)
- Plan on participating in the next FaithWorks project or helping with the Habitat for Humanity project in February (see p.2)

For this year and every year:

- Invite a friend to church, either in person, or by using the Outreach Cards available at the Hospitality Desk
 - Be in church EVERY Sunday, unless you're sick or out of town!
 - Pray regularly for the ministries, staff and operations of LUMC
 - Commit to financially supporting the ministries of LUMC by giving in proportion to your income - EVEN in difficult economic times
- HAVE A HAPPY AND HEALTHY NEW YEAR!**

FROM THE PASTOR



I watched an interview with a man on the news, who had been laid off his job and consequently lost his home. He found a part-time job at Wal-Mart and now he and his elderly wife were living in a two bedroom apartment. After a lifetime of hard work, they were living just like they did as newlyweds many years earlier. He said something in that interview that I will not soon forget. He said, “This has been a hard year, but I have lived long enough to realize that there are cycles to life that come and go. Sometimes there are good years, and sometimes there are bad years, and a person just needs to know how to roll with the punches.”

Indeed, life is cyclical and there are good times and bad times and we function best if we can learn to embrace and accept it all. That is where our faith comes in. Trusting in God in good times and bad allows us to remember that there is a deep rhythm at the heart of things. There is a rhythm as natural as the rising and setting of the sun and the coming and going of the tides. “To everything there is a season, a time to be born and a time to die, a time to weep and a time to laugh, a time to mourn and a time to rejoice....God has made everything beautiful in its time.” (Ecclesiastes 3)

Perhaps 2008 was a great year for you and you were richly blessed. Or it may have been one of the worst years you have had in a long time. Maybe 2009 will be your best year ever, or perhaps it will be filled with challenges and unexpected detours. Whatever the coming year brings, it all unfolds in the care of our loving God, a God who promises to be with us no matter what life sends our way. Sometimes there are good years, and sometimes there are bad years, and a person just needs to know how to roll with the punches. Please let your church help you to “roll with the punches” life sends your way. In good times and bad, in delight and despair, we are all in this together. Thanks be to God!

Rev. Melanie Rosa

The Upper Room

Devotional

can be found on our website as well as audio and text sermons, bulletins, newsletters and current events. Make www.lumc.net your home page and check it out often.

Offering Envelopes for 2009

If you did not pick up your offering envelopes in December, they are available in the church office. They will not be mailed unless requested.

FLOWER CHART FOR 2009

The Flower Chart for 2009 is up in the hall. Sign up now for those important dates or in memory/honor of loved ones. We can have 2 arrangements per week. The cost is \$35.00.

Did you know?

That 5% of all Grocery Certificate sales benefit our church and the Blue Feather Alliance? This is a mission to the Pine Ridge Reservation.

Fill up that gas tank with grocery cards at Safeway or King Soopers.

Get your certificates on Sunday in Great Hall or during the week in the church office. We ap-

WELCOME, WE'VE BEEN EXPECTING YOU!

Recently we have been blessed at LUMC with a great many visitors to our services; we are trying to get visitors to the church. Staff and ministry teams are excited to hear about our visitors. Our mutual hope is to have these visitors find a home at Lakewood UMC.

How many visitors have you noticed?
How many visitors have you spoken to?

The bible tells us early on, in Exodus 23:9, how to treat strangers or outsiders, as they were called, "Do not beat an outsider down. You yourselves know how it feels to be outsiders. Remember, you were outsiders in Egypt."

Remember the first time you visited a church? Were you afraid to enter? Were you worried whether anyone would speak to you, or even notice you? Were you looking for God's love in a strange, new building? Did you find it?

Sometimes it is difficult to speak to people you don't know especially when there are so many people you do know. But one of our commandments is to love our neighbors. First we have to notice them, and then we have to approach them in Christian love and welcome them as we would anyone we invited to be our guest.

2009 will be a banner year for hospitality at LUMC. You can start by speaking to at least one person you don't know every Sunday, especially during the greeting time in the service. And Smile!

IN MEMORIAM
Ralph Wright 12-12-08
(Father of Ge Horn)



The Men's Breakfasts for January will be Wed. Jan. 14th and 28th at 7:00 a.m. at Café Del Sol (6th and Garrison). All men are invited to attend this time of food, fellowship and discussion. The men are discussing the book "Seeing Gray in a World of Black and White" by Adam Hamilton.

THE MISSION ROAD

Faith Works!

Yes it does.

You can join the next Faith Works Team, coming soon on a Saturday morning TBA. A half day of mission, working at a neighborhood site with your church friends. Find out for yourself, how faith works!

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Our Hurricane Ike Recovery Team

(April 19 - 25 in the Houston/Galveston Storm Zone)

is assembling now.

Half the spaces have filled.

Registering **SOON** helps in finalizing logistics and other details.

Complete info @ Missions Corner in Great Hall.

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Violence and mayhem continue to increase along the border in the El Paso-Juarez area, thus we are shifting the high school Summer '09 mission trip from Juarez to a site on the Leech Lake Reservation in northern Minnesota. We are exploring how we can serve our neighbors in Juarez in other ways in 2009.

We always collect non-perishable FOOD items for the Jeffco Action Center. The collection bin is located in the main hallway..

INTERFAITH HOSPITALITY NETWORK

February 15 - 22

MISSION OPPORTUNITIES

Details are available at

MISSIONS CORNER

in Great Hall, or visit with Jim Marshall.

APRIL

Adult Mission Team

Hurricane Ike Recovery

Galveston, Texas

April 19 - 25

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JUNE

Youth Mission Team

LEECH LAKE

RESERVATION

Cass Lake, Minnesota

June 5 - 13

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JUNE

Youth Mission Team
McCurdy School

Espanola, New Mexico

June 28 - July 3

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OCTOBER

Adult Mission Team
Red Bird Mission

Beverly, Kentucky

October 11 - 17

RE-CYCLE

CELL PHONES AND EYEGLASSES

Donate these items at the Church Office anytime.

ALUMINUM CANS, NEWSPAPER,

JUNK MAIL, PHONE BOOKS,

CARDBOARD, PLASTIC, GLASS

Collection bin is located along the west side of the church parking lot.



YOUTH NEWS

REVERB—Grades 6 - 7 - 8
ONE80H Grades 9 - 12
SILAS Grades 6 - 12

January

Summer '09 Update

The High School Mission Trip to the Leech Lake Reservation in Minnesota in early June has filled. Thank you to all who registered ahead of the mid-January deadline.

There are spaces still available for the youth mission trip to McCurdy School in Espanola, New Mexico June 28 - July 3.
Deadline to register is mid-March.

Plans are in progress for high school church camp in July at our Rocky Mountain UM Conference site near Grand Junction.
Details in April.

OTHER YOUTH DATES

Confirmation Sunday - February 8th
Easter Breakfast - April 12th
Youth Sunday - May 17th

Soak Up. Squeeze. Soak up. Squeeze.
Repeat, repeat, repeat...

SUNDAY 11th
Worship @ 9 & 10:30
Sunday School 10AM
Confirmation 10AM
REVERB 4:00 - 5:00

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WEDNESDAY 14th
Dinner 6PM
SILAS 6:30

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SUNDAY 18th
Worship @ 9 & 10:30
Sunday School 10AM
Confirmation 10AM

.....
WEDNESDAY 21st
Dinner 6PM
SILAS 6:30

.....
SUNDAY 25th
Worship @ 9 & 10:30
Sunday School 10AM
Confirmation 10AM
ONE80H 4:00 - 5:00

.....
WEDNESDAY 28th
Dinner 6PM
SILAS 6:30

Wednesday Nights Together— WNT—Kicks Off

Please feel free to join any of these classes at any time.

The Winter/Spring session of our Wednesday Night Together programming kicks off on January 14th with a free dinner for all at 6:00 (RSVP required). Come for dinner and check out the many offerings for adults and children from 6:30-7:30:

Living the Questions: Led by Jim Marshall and Rev. Melanie Rosa. The 3rd offering from the LTQ team features thought provoking video and discussion sure to lead you to thinking deeper about your faith.

What's So Amazing About Grace?: Led by Katie Vigil. Looks at the best selling book of the same name by Phillip Yancey. Through video and class interaction you'll gain a new appreciation of all God has done for you through Jesus Christ.

Yoga for the Harried Heart: A low impact yoga class led by a professional instructor is a great way to wind down from a hectic day. Please provide your own mat – payment of \$5/week (with a 12 week punch card) is made directly to the instructor.

Wednesday Nights for Kids: For all children ages 3 through 6th grade. Kids will spend some time learning songs to present in worship, and additional time in fun activities designed to help them have fun learning about their faith.



Silas Youth Praise Band Rehearsal: Led by David Heck. For youth in grades 6-12. Come join one of the very few Youth praise bands in the metro area! Whether you sing or play an instrument, we have a place for you. Contact David Heck for more information, 303-570-4389.

After the free orientation dinner on January 14th, dinner is available every week (with RSVP) for a donation of \$5 for adults and \$3 for kids, maximum \$15/family. The weekly menu is printed in the Bulletin, and you may RSVP on the Count Me In on the attendance slip or by calling the office by Monday at noon.

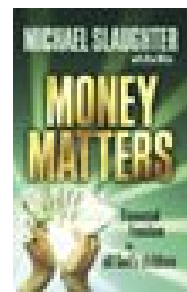
All sessions run for 12 sessions through April 8th (no classes on Ash Wednesday – February 25th). A special dinner and worship service will be offered for Ash Wednesday on February 25. Dinner at 6:00, Ash Wednesday worship at 7:00.

New Year Educational Opportunities

In addition to the Wednesday Nights Together opportunities, Sunday mornings in 2009 at LUMC offer a more education opportunities in a new “2 Track” format. At least 2 adult offerings will be offered at both 9:00 and 10:30, enabling you to choose your class and then attend church services during the other track.

For Winter 2009 (beginning January 11th)

- 9:00 Room 109: Adult Bible Study, led by Jim Moore
Parlor: Surviving the Squeeze: Being Happy and Healthy in the “Sandwich” Generation
- 10:30 Women’s Study/Discussion Group: Great Hall Classroom, led by Gayle Grimes
Parlor: Money Matters: Financial Freedom for All God’s Children





THE SUMMIT:

Where Kids Grow Closer to God
CLIMB—REACH—LEARN

Last month we celebrated the coming of Jesus...

Join us in January as we learn about one of the first things we know about his ministry, CALLING THE DISCIPLES.

We will also experience ways we can be disciples ourselves.
Make Fish nets!! Go on a trust walk!! Learn what a Midrash is!!



The Summit is Sunday School for grades K-5!!

If parents prefer, Kindergartners are also welcome in our Preschool class!!

6th graders can join our Confirmation class at 10:00!!



3rd, 4th, and 5th Grade Slumber Party!!

Friday, January 30th

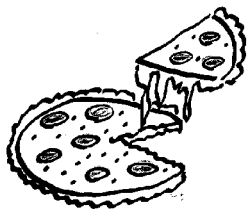
Games, movies, pizza and more!! \$5.00

Sign up by Wednesday, January 21st

Drop children off at 7:00 p.m.—Pick up at 8:00 a.m.

Bring a sleeping bag, pillow, pajamas,
toiletries, and a snack to share.

Questions? Contact Amy Strader-



Does your child love to sing? Come join the Lakewood Children's Choir! We are looking for children ages 3 to 6th grade to come sing and have a great time! We meet as part of Wednesday Nights Together, starting with dinner at 6:00. From 6:30 to 7:30, the children will go to choir, play games and just have fun! We sing, we dance, we play lots of fun instruments so you don't want to miss out! We look forward to seeing you there!

Volunteer Corner

We need volunteers for the following opportunities:

The Sunday Morning Tech Teams need additional help on both the Sound and Video desks. Sound technicians and assistants, video technicians and camera operators are all needed at both services as we expand the scope of these ministries in 2009. Training is provided, and you can commit to as little as one service per month! Contact Jim Ward at the church office, 303-237-7768 or lumcjimw@gmail.com

Hospitality Ministries needs additional friendly folk to help greet and usher at both services. Training provided, flexible scheduling (at your availability) and a cool tricked-out nametag is included! Contact Katie Vigil at the church office, 303-237-7768.



Habitat for Humanity

Habitat for Humanity is building houses in Arvada and has asked for volunteers from our church to work for a full day. Work on the house at 68th and Saulsbury will not begin until February, so SAVE THE DATE, Saturday February 28, for Habitat Saturday. We would like to have 10 volunteers from LUMC. Look for the big sign up board later in January.

Food Drives

The food item for DenUM in January is beans. The Jeffco Action Center bin is in the hall. Please help those in need by bringing a food item each time you come to church.

Faithworks Alive!

Lakewood UMC ended its first year of Faithworks with a bang. Despite the fact that Project Cure (our intended December Faithworks) cancelled because of double-booking, the Mission team found a last minute alternative site and 20 people showed up to help on Saturday, December 7. Thanks to Bill and Marabeth Dial, Mary Durbin-Shopnitz and Bob Shopnitz, Jim and Debi Wooldridge, Mary and Lyle Gallivan, Shawn and Leslie Smitley, Warren Dunkin, Polly Slama, Katie Vigil, Mike Smith, Amy Zanlungo, Greg Rielesel, Jim Marshall, Sandy Johnson, Roberta Nyberg and Sonja Otto for participating in Faithworks. The Mission team is busy looking for meaningful Faithworks projects in 2009. A Faithworks project will be available on the first Saturday of February, April, June, August, October, and December. Please plan to give three hours of work for Faithworks on these dates. You can start on Saturday, February 7, from 9 to noon.

Meal Ministry

Lakewood UMC is reaching out to its members and friends in need, and the needs also continue to grow. We have a list of persons who have volunteered to take an occasional meal to a family in need, but we can always use more help. If you would like to volunteer to be a meal minister please call Katie Vigil 303-462-1240.

The Flame is a monthly publication of the
Lakewood United Methodist Church
1390 Brentwood, CO 80214
We reserve the right to edit articles.
All articles must be 350 words or less.
The deadline is the 15th of each month

January 2009

Thursday - Jan. 1st—Church Office Closed

Friday - Jan. 2nd—Office Open till Noon

Saturday - Jan. 3rd

8:30 a.m. Salome Circle – Parlor

Sunday, Jan. 4th

8:30 - 10:30 Social Time – Great Hall
 8:45 - 11:45 Child Care (infant -age 3)
 9:00 a.m. Worship Service
 9:00 a.m. Adult Classes
 9:10 a.m. The Summit Sunday School
 10:00 a.m. Sunday School – Youth
 10:00 a.m. Adult Classes
 10:30 a.m. Worship Service - Sanctuary
 11:30 a.m. Staff Meeting - Conf. Room
 11:30 a.m. Social Time—Parlor
 11:30 a.m. Instrumental Ensemble

Monday—Jan. 5th

10:00-2:00 JAC Quilters
 6:00 p.m. Congregational Life
 7:00 p.m. Board of Trustees, Missions, Worship and Education.

Tuesday—Jan. 6th

9:00 a.m. Quilting – Room 19
 11:30 a.m. Rebecca Circle – Room 7
 6:30 p.m. Young Sinfonia
 6:30-8:30 City of Lakewood—Parlor

Wednesday - Jan. 7th

12:00 p.m. Bulletin Deadline
 7:30 p.m. Marty & The Methodists

Thursday - Jan. 8th

7:30 p.m. Chancel Choir

Sunday—Jan. 11th

8:30 - 10:30 Social Time – Great Hall
 8:45 - 11:45 Child Care (infant to age 3)
 9:00 a.m. Worship Service
 9:00 a.m. Adult Classes
 9:10 a.m. The Summit Sunday School
 10:00 a.m. Sunday School – Youth
 10:00 a.m. Adult Classes
 10:10 a.m. Confirmation Class
 10:30 a.m. Worship Service
 11:30 a.m. Social Time—Parlor
 11:30 a.m. Instrumental Ensemble
 4:00 - 5:00 Reverb (Grades 6-8)

Monday - Jan. 12th

10:00-2:00 JAC Quilters
 7:00 Preschool Council

Tuesday - Jan. 13th

9:00 a.m. Quilting – Room 19
 1:00 p.m. Susanna Circle

Wednesday - Jan. 14th

7:00 a.m. Men's Breakfast—Café Del Sol
 10:00 a.m. Eve Circle - Parlor
 12:00 p.m. Bulletin Deadline
 6:00 p.m. Church Family Dinner
 6:30-7:30 Children's Activities
 6:30 p.m. Adult Classes
 6:30 p.m. Silas
 7:00 p.m. Shutterbugs

Thursday—Jan. 15th

9:30 a.m. Craft Class Room 7
 7:00 p.m. Eiberhood - Parlor
 7:00 p.m. Graves Foundation
 7:30 p.m. Chancel Choir

Flame Deadline

Sunday - Jan. 18th

8:30 - 10:30 Social Time – Great Hall
 8:45 - 11:45 Child Care (infant-age3)
 9:00 a.m. Worship Service
 9:00 a.m. Adult Classes
 9:10 a.m. The Summit Sunday School
 10:00 a.m. Sunday School – Youth
 10:00 a.m. Adult Classes
 10:10 a.m. Confirmation Class
 10:30 a.m. Worship Service
 11:30 a.m. Social time—Parlor
 11:30 a.m. Instrumental Ensemble

Monday - Jan. 19th

Martin Luther King Day—Office Closed

Tuesday - Jan. 20th

9:00 a.m. Quilting – Room 19
 11:30 a.m. Bible Study—Room 7
 6:30 p.m. Young Sinfonia
 7:00 p.m. Church Council

Wednesday - Jan. 21st

8:45 a.m. UMW Mission Team
 10:15 a.m. Social Hour Program/Business
 12:00 p.m. Bulletin Deadline
 12:00 p.m. UMW Luncheon – Parlor
 6:00 p.m. Church Family Dinner
 6:30-7:30 Children's Activities
 6:30 p.m. Adult Classes
 6:30 p.m. Silas
 7:30 p.m. Marty & The Methodists

Thursday - Jan. 22nd

1:00 p.m. UMW Reading Group
 7:30 p.m. Chancel Choir

Sunday, Jan. 25th

8:30 - 10:30 Social Time – Great Hall
 8:45 - 11:45 Child Care (infant - age 3)
 9:00 a.m. Worship Service
 9:00 a.m. Adult Classes
 9:10 a.m. The Summit Sunday School
 10:00 a.m. Sunday School – Youth
 10:00 a.m. Adult Classes
 10:10 a.m. Confirmation Class
 0:30 a.m. Worship Service
 11:30 a.m. Social Time—Parlor
 11:30 a.m. Care Calling Team
 11:30 a.m. Instrumental Ensemble
 11:45 a.m. Hospitality Team
 4:00 - 5:00 One8Oh (Grades 9-12)

Monday - Jan. 26th

10:00-2:00 JAC Quilters
 7:00 p.m. Women's Disc. Group
 Full Moon Coffee

Tuesday - Jan. 27th

9:00 a.m. Quilting – Room 19
 6:30 p.m. Young Sinfonia
 6:30-8:30 City of Lakewood—Parlor

Wednesday - Jan. 28th

7:00 a.m. Men's Breakfas
 12:00 p.m. Bulletin Deadline
 6:00 p.m. Church Family Dinner
 6:30-7:30 Children's activities
 6:30 p.m. Adult Classes
 6:30 p.m. Silas
 7:30 p.m. Marty & The Methodists

Friday, January 30th

7:00 p.m.—8:00 a.m. Slumber Party— (Grades 3-4-5)

The Church office Hours are:

8:30-4:00 Mon.-Thursday

8:30-2:00 p.m. Friday

The Church Office will be closed on

Monday, Jan. 1st and on

Monday, Jan. 19th in observance of
 Martin Luther King Day.

Lakewood United Methodist Church
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Jim Ward, Director of Worship and Discipleship
Katie Vigil, Director of Hospitality and
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Amy Strader, Director of Children's Ministries
David Heck, Jr., Director of Music
Jim Ward, Organist
Tami Hart, Director of Children's Music
Shirley Jobin, Organist Emeritus
Laura Winberg, Financial Administrator
Milly Helgeson, Administrative Assistant
Mary Parkovich, Preschool Director
Brenda Stiner, Parents Day Out Director



I RESOLVE...