

9:00 Worship

SONG OF PRAISE "Hope to Carry On" Rich Mullins
Marty and The Methodists

*CONGREGATIONAL SONG "Holy Is the Lord" Tomlin/Giglio

WELCOME AND GREETING Rev. Melanie Rosa

MOMENT FOR CHILDREN Amy Strader
Loving Child Care is available for infants to age 3 in Room 103.
Preschool age children may go to Room 104 for Sunday School.
Grades K through 5 may go downstairs to "The Summit".
Children may be picked up in Fellowship Hall at 10:00.
As the children leave we will sing "Jesus Loves the Little Children".

SHARING OUR BLESSINGS WITH OTHERS Jim Marshall
Thank you for your generous and faithful financial support.
Visitors are not expected to give – you are our honored guests!

OFFERTORY "More of You" Steve Merkel
Marty and The Methodists

*RESPONSE "Give Thanks to the Lord"
Give thanks to the Lord (3 times)
God is good and God's mercy forever endures.

PRAYER POWER Julie Cicak

HYMN "I Have Decided to Follow Jesus" 2129

SCRIPTURE LESSONS Luke 12:22-24; John 6:35-38

SERMON "Deadly Sins: Gluttony" Rev. Melanie Rosa

THE SACRAMENT OF HOLY COMMUNION
Communion is open to everyone in our church. You do not need to be a member of this or any church to be welcome at the Lord's Table with us.

*HYMN OF DEDICATION "In the Midst of New Dimensions" 2238

*BENEDICTION

*RESPONSE "Change My Heart, O God" 2152

Please join us in Great Hall for fellowship and refreshments.

* Please stand if you are able

CHRISTIAN EDUCATION TODAY

Classes for Children and Youth:

- Infants to Age 3 – Loving Nursery care in Room 103.
- Preschool age – Rock Solid - With Sandy Johnson in Room 104 at 9:10
- Grades K through 5 – The Summit 9:10 a.m. in Fellowship Hall, Downstairs (Children should be picked up at 10:00 a.m.)
- Jr. High Youth – 10:10 Room 7
- Sr. High Youth – 10:10 Youth Room

Adult Classes:

"24 Hours that Changed the World" -Join Julie Cicak and Jim Ward at 10:10 in the Parlor for this 7 week Lenten class which will bring participants face to face with the events of Good Friday through videos, 40-day personal devotions, online discussion board and lively class discussions. The book is \$14.00 and the Devotional Guide is free.

"Uppity Women of the Bible" by Dr. Lisa Wolfe is being discussed by the Women's group in the Great Hall Classroom at 10:10. This is a four part series examining the lives of some of the most misunderstood women of the Bible: Ruth, Judith and Esther, plus the mysterious Song of Solomon. Each session is stand-alone. All women are invited.

Adult Bible Study: This ongoing class meets at 9:00 a.m. in Room 109. New members are always welcome. Materials available at the class.

Flowers for our Worship today are given in loving memory of Glen Fisher by Joann Fisher.

Wednesday Nights Together (WNT)

Dinner at 6:00 (RSVP by Monday Noon)

Silas – 6:30

Children's Choir 6:30 p.m.

Adult Classes at 6:30:

Soul Cravings – What is the deepest longing of your Soul?

Beginning Sign Language

This week's Menu: Tortellini Soup

Men's Breakfasts - Wed., March 10th and 24th, Café Del sol.

Ice Skating – Today, Evergreen Lake, 2:00-4:00 p.m. Cost is \$5.00 for adults (\$4.75 kids), skate rental \$6.00. Need info? See Amy Strader, Jim Ward or Warren Dunkin.

PRAYER CONCERNS: Sheila Groome (surgery March 11th), Everett Verdoorn, Margaret Kinney, Vivan Petersen, Deanna Evans (surgery on 16th); Debbie Trujillo and family on the death of her husband, Gus; all those suffering from the earthquake in Chile.

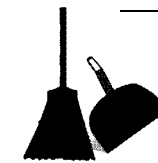
If you have a Prayer Concern/Joy, please speak to our Pastor or call our Prayer Chain Marabeth Dial @ 303-986-0716, Jeanne Morse at 303-986-2402, or the Church Office @303-237-7768.

The Sunday Flame

Invite • Inspire • Involve

Sunday, March 14th is Missions Sunday! We will hear about all the things our church is doing to bless the world and celebrate the 70th Anniversary of our UM Committee on Relief. Please join us!

Have a painting project you could use a hand with? Need something moved? A yard that needs some attention? Our Youth will be headed out the afternoons of March 14th and 21st to help with your projects. Contact Amy Strader at youth@lumc.net to let her know of your needs. Our youth are excited about helping our members who have supported them in the past.



ALL CHURCH SPRING CLEAN UP DAY

Sat., March 27th, 9:00-1:00 p.m. Put this on your calendar now. All hands are needed!

The Gathering - Cafe' Conversations Part Duex Sunday, March 28, 6:30-8:00, in the Parlor
Rob Bell will help lead our discussion through the use of his DVD series, NOOMA. The NOOMA videos are provocative and ask us to take a look at ourselves with a new lens. We will of course put a pot of coffee on and have some sweets to snack!!! The Gathering is for folks out of high school and somewhat less than 50.

Roy Richardson

honored at District Conference as our

Quiet Disciple!

At our Metropolitan District Conference, Roy Richardson was honored for being our quiet disciple. A member of our church for over 45 years, Roy is indispensable to our mission and ministry. For decades now he has been an active member of our Worship Ministry Team. In this capacity he helps to ensure that everything is perfect for Sunday worship—candles, banners, paraments, (he even waters the grand piano!).



He serves as one of our Head Ushers, greeting everyone with a smile and a hug, and offering radical hospitality to all. He cleans the sanctuary after worship, and helps lock up the church. He makes sure that we have a place to hold our All Church Picnic every summer, and organizes our annual Golf Tournament. Roy is a retired electrical engineer, and in that capacity he is frequently called upon to fix lights, repair wiring, he even helped to repair the 300 pound motor for the pipe organ!

Roy also makes the time to serve those in need, regularly participating in our ministry to homeless families (IHN) and going on Mission Trips to Iowa and Louisiana. Roy is the husband of Mary and father of Tracie, Gary and Beth. Roy is generous, faithful and kind—the epitome of a quiet disciple. We are so blessed to have his presence among us. God Bless you, Roy!

10:30 Worship

PRELUDE "Love Unknown" arr. Callahan

CHORAL INTROIT

*HYMN OF PRAISE "Immortal, Invisible God Only Wise" 103

WELCOME AND GREETING Rev. Melanie Rosa

ANTHEM "Lamb of God" Decius/Moore
Chancel Choir

SHARING OUR BLESSINGS WITH OTHERS Julie Cicak
Thank you for your generous and faithful financial support.
Visitors are not expected to give – you are our honored guests!

OFFERTORY "O Lamb of Calvary" Lloyd Larson
Chancel Choir

*RESPONSE "Give Thanks" 2036

PRAYER POWER Julie Cicak

HYMN "I Have Decided to Follow Jesus" 2129

SCRIPTURE LESSONS Luke 12:22-24; John 6:35-38

SERMON "Deadly Sins: Gluttony" Rev. Melanie Rosa

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*HYMN OF DEDICATION "In the Midst of New Dimensions" 2238

*BENEDICTION

*CHORAL RESPONSE

*POSTLUDE "Thy Strong Word" arr. Manz

Please join us in the Parlor for fellowship and refreshments.

* Please stand if you are able

OUR MINISTRY THIS WEEK

Sunday, March 7th

8:30-10:30 Social Time
8:45-11:45 Child Care (Infant to 3) – Room 103
9:00 a.m. Worship
9:00 a.m. Adult Class
9:10 a.m. The Summit
10:10 a.m. Adult Classes
10:10 a.m. Jr. High Youth
10:10 a.m. Sr. High Youth
10:30 a.m. Worship
11:30 a.m. Social Time – Parlor
11:30 a.m. Instrumental Ensemble
11:30 a.m. Prayer Power
11:45 a.m. Staff Meeting
2:00-4:00 Ice Skating – Evergreen Lake

Monday, March 8th

10:00 a.m. JAC Quilters
7:00 p.m. Preschool Council

Tuesday, March 9th

9:00 a.m. Quilting
1:00 p.m. Susanna Circle

Wednesday, March 10th

7:00 a.m. Men's Breakfast
10:00 a.m. Eve Circle
12:00 p.m. Bulletin Deadline
6:00 p.m. Church Family Dinner
6:30 p.m. Children's Choir
6:30 p.m. Adult Classes
6:30 p.m. Silas
7:00 p.m. Shutterbugs
7:30 p.m. Marty and The Methodists

Thursday, March 11th

7:30 p.m. Chancel Choir

Saturday, March 13th

8:00 a.m. UMW District Meeting
Daylight Saving Time Begins

Vacation Bible School

June 21st – 25th, 5:15-7:30 p.m.
No child will be turned away from VBS! If you would like to make a contribution to cover the costs of a child in need that would be MOST appreciated. Make your check out to the church and mark it for VBS on the memo line. Thank you.
Items on our Wish list:
Aluminum pie plates, duct tape, rolls of foil, large pieces of cardboard (at least 48" x 48"), used CD's, Jingle bells .

Get your grocery cards for Safeway and King Soopers in Great Hall today.

United Methodist Women – District Meeting
Spiritual Day Apart – "Rest, Reflect, Renew"
Saturday, March 13th, 8:30-11:00 a.m. in the Parlor

The Easter Lily sign-up sheet is in the hall. The cost is \$8.00.
The Prayer Power Group will meet today at 11:30 in Room 109.
You are invited to join this group.

Daylight Saving Time begins next Sunday at 2:00 a.m.
Be sure and set your clocks ahead 1 hour before going to bed.

Lakewood United Methodist Church

1390 Brentwood Street Lakewood, Colorado 80214
303.237.7768 FAX 303.237.3796 www.lumc.net

Senior PastorDr. Melanie Rosa
Minister of Congregational CareJulie Cicak
Minister of Missions and Spiritual Life.....Jim Marshall
Minister of Worship and Discipleship.....Jim Ward
Director of HospitalityApril Cass
Minister to Children and Youth.....Amy Strader
Director of MusicDavid Heck, Jr.
Marty and The Methodists.....Bill Christie, David Heck, Jr., Al Hunter, Amy McKean, April and Brent Nichols, Fred Rosa, Connor Black and Nick Dyer
Organist.....Ben Ehrlich
Sound.....Max Morse, Todd Morse, Linda Lindholm and Terry Whitsel
Video Team..... John Tallerday and Todd Morse
Head Ushers..... Frank Williamson, Roy Richardson Dick Stall and Dave Alter
Head Greeters..... Kenny Cates, Liz Christie, and Brenda Mueller
9:00 Greeter.....Marabeth Dial 10:30 Greeter.....Aljean Deputy
Coffee Hosts.....Missions Team

Lakewood United Methodist Church
Invite • Inspire • Involve



March 7, 2010

We are delighted to have you with us for worship today. We have two worship services each Sunday at 9:00 and 10:30. Sunday School classes for all ages are offered at 9:00 and 10:10 and coffee, juice, and doughnuts are available in Great Hall.