

The Sunday Flame

Classes for Children and Youth:

- **Infants to Age 3** – Loving Nursery care in Room 103.
- **Age 3 to K** - With Sandy Johnson in Room 104 (by the south stairs) at 9:10 a.m.
- **Grades K through 5** – The Summit Downstairs in 9:10 a.m. in Fellowship Hall, Downstairs (Children should be picked up at 10:00 a.m.)
- **Grades 6 through 12** – will meet today in the Youth Room at 10:00 a.m.
- **Confirmation Class** - with Jim Marshall meets today in Room 7.

Adult Classes:

Surviving the Squeeze: Being Happy and Healthy in the “Sandwich” Generation – 9:00 a.m.
in the Parlor. Many adults find themselves sandwiched between the crucial needs of their children and their aging relatives while dealing with their own work responsibilities and aging issues. Come and learn ways to survive the squeeze and what solace you can find in the Bible. Led by Katie Vigil.

Ongoing Adult Bible Study at 9:00 a.m. in Room 109:

New members are always welcome for the Sunday morning Adult Bible Study, led by Jim Moore in Room 109.

Women’s Study Group 10:30 a.m.

The Women’s Study Group will meet at 10:00 a.m. in the classroom off Great Hall. They are discussing the book “Boundaries” by Dr. Henry Cloud and Dr. John Townsend.

The 10:30 “Financial Freedom for All God’s Children” class will begin NEXT week (1/18/2009). A sign up sheet is available in the Parlor today for the optional text. Feel free to stop in to look at the book, and sign up for your copy if you wish.

Our Wednesday Nights Together (WNT)

will resume on January 14th with these classes and activities:

“Living the Questions” led by Jim Marshall and Rev. Melanie Rosa

“What’s So Amazing About Grace?” led by Katie Vigil

Yoga for the Harried Heart – a low impact yoga class

Wednesday Night for Kids – For all children ages 3 – 6th grade

Silas Youth Praise Band Rehearsal – David Heck, Jr. Director

Read all about the offerings on the back of this bulletin.

Dinner is served at 6:00 p.m. (RSVP needed by Monday Noon – This week free!)

This week’s Menu: Hoppin John Kids Choice: Hot dogs

(Hoppin John is a traditional Southern dish with rice, blackeyed peas and meat served on New Year’s Day for good luck!)

Flowers for our worship today are given by Donita and Bill Goddard for a happy and healthy 2009 for our congregation.

Sermon Series – “Challenging Scriptures”

Rev. Rosa’s new sermon series begins Jan. 18th and runs through Feb. 22nd.

January 18 – “Challenging Scriptures: The Origin of Sin”

January 25 – Challenging Scriptures: Are the 10 Commandments Necessary?”

OUR MINISTRY THIS WEEK

Sunday, Jan. 11

8:30-10:30 Social Time
8:45-11:45 Child Care (Infant - 3)
9:00 a.m. Worship
9:00 a.m. Adult Classes
9:10 a.m. The Summit for Kids
10:00 a.m. Adult Classes
10:10 a.m. Confirmation Class
10:30 a.m. Worship
11:30 a.m. Social Time – Parlor
11:30 a.m. Instrum. Ensemble
4:00-5:00 Reverb (Grades 6-8)

Monday, Jan. 12th

10:00 a.m. JAC Quilters
7:00 p.m. Preschool Council
7:00 p.m. Building Committee

Tuesday, Jan. 13th

10:00 a.m. Quilting
11:30 a.m. Rebecca Circle
1:00 p.m. Susanna Circle

Wednesday, Jan. 14th

7:00 a.m. Men’s Breakfast
10:00 a.m. Eve Circle
12:00 Bulletin Deadline
6:00 p.m. Family Dinner
6:30-7:30 Children’s Activities
6:30 p.m. Adult Classes
6:30 p.m. Silas
7:00 p.m. Shutterbugs
7:30 Marty & The Methodists

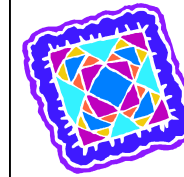
Thursday, Jan. 15th

9:30 a.m. Craft Class
7:00 p.m. Eiberhood
7:00 p.m. Graves Foundation
7:30 p.m. Chancel Choir

Flame Deadline

The food item of the month for DenUM is beans.

Please support our local food banks. The Jeffco Action Center bin is in the hall.



There is a Prayer Quilt in Great Hall today for Vivian Petersen who is undergoing chemotherapy. Please stop by and tie a knot and say a prayer for comfort and healing for Vivian.

The Men’s Breakfasts for January will be Jan. 14th and 28th at 7:00 a.m. at Café Del Sol. All men are invited to join this group of men for food, fellowship and discussion. They are discussing the book “Seeing Gray in a World of Black and White” by Adam Hamilton.

To all Hospitality Ministers (Ushers and Greeters) and those wishing to join this exciting ministry, please plan to attend the next Hospitality meeting on Sunday, Jan. 25th, 11:30 a.m. in Room 109.

3rd, 4th, and 5th Grade Slumber Party!
Friday, January 30th



Games, movies, pizza and more!! \$5.00

Sign up by Wednesday, Jan. 21st. Drop off children at 7:00 p.m – pick up at 8:00 a.m. Bring a sleeping bag, pillow, pajamas, toiletries, and a snack to share. Questions? See Amy Strader.



Children’s Choir

Does your child like to sing? Come join the Lakewood Children’s Choir. Children ages 3 to 6th grade meet as part of the Wednesday Nights Together. Come as a family for dinner at 6:00. Children will go to Choir from 6:30-7:30, play lots of fun instruments, games and just have fun.

PRAYER CONCERNS: Enid Stenzel, Millie Malcolm, Vivian Petersen (chemotherapy); Shonna Antonio (cousin of Virginia Carscallen) cancer; Laura Johnson, thumb surgery; Ev Salwasser on the death of his sister; Family and Friends of Greg Dyer on his death last week.

If you have a Prayer Concern/Joy, please speak to our Pastor or call our Prayer Chain -Marabeth Dial @ 303-986-0716, Jeanne Morse at 303-986-2402, or the Church Office @303-237-7768.

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Wednesday Nights Together— WNT—Kicks Off January 14th

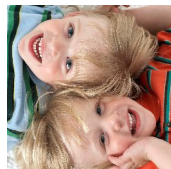
Please feel free to join any of these classes at any time.

The Winter/Spring session of our Wednesday Night Together programming kicks off on January 14th with a free dinner for all at 6:00 (RSVP required). Come for dinner and check out the many offerings for adults and children from 6:30-7:30:

Living the Questions: Led by Jim Marshall and Rev. Melanie Rosa. This class features thought provoking video and discussion sure to lead you to deeper faith and practice of meaningful Christianity in today's world.

What's So Amazing About Grace?: Led by Katie Vigil. Looks at the best selling book of the same name by Phillip Yancey. Through video and class interaction you'll learn what Jesus meant about grace, how to live life in a state of grace and how to bestow grace on others, especially when they don't deserve it.

Yoga for the Harried Heart: A low impact yoga class led by a professional instructor is a great way to wind down from a hectic day. Please provide your own mat – payment of \$5/week (with a 12 week punch card) is made directly to the instructor.



Wednesday Nights for Kids: For all children ages 3 through 6th grade. Kids will spend some time learning songs to present in worship, and additional time in fun activities designed to help them have fun learning about their faith.

Silas Youth Praise Band Rehearsal: Led by David Heck. For youth in grades 6-12. Come join one of the very few Youth praise bands in the metro area! Whether you sing or play an instrument, we have a place for you. Contact David Heck for more information, 303-570-4389.



After the free orientation dinner on January 14th, dinner is available every week (with RSVP) for a donation of \$5 for adults and \$3 for kids, maximum \$15/family. The weekly menu is printed in the Bulletin, and you may RSVP on the Count Me In on the attendance slip or by calling the office by Monday at noon.

All sessions run for 12 sessions through April 8th (no classes on Ash Wednesday – February 25th). A special dinner and worship service will be offered for Ash Wednesday on February 25. Dinner at 6:00, Ash Wednesday worship at 7:00.



“This Baptism will change you
from the inside out.”

Mark 1:8

January 11, 2009

Welcome to the Lakewood United Methodist Church. May you find the presence of God among us and be blessed by our worship today.

9:00 Worship

January 11, 2008

Attendance

Name: _____

Address: _____

Phone: _____

Please place in offering plate.

Visiting? Please use reverse side.

Count Me In for dinner...

Wed. Night Dinner:

Name: _____

Adults _____

Children _____

January 11, 2008

VISITORS

Name: _____

Address: _____

Phone: _____

E-Mail: _____

___ First Time Visitor

___ Wish a phone call

___ Wish more information
On Lakewood UMC

___ Wish to Join

Currently a member of : _____

Please place in offering plate.

Members: please use reverse side.

Welcome Visitors!

We are delighted to have you with us for worship today.

We have two worship services each Sunday at 9:00 and 10:30 a.m. Sunday School classes for all ages are offered at 9:00, 10:00, and 10:30. Coffee juice and doughnuts are available in Great Hall at 8:30 and 10:00 and in the Parlor at 11:30.

The Lakewood United Methodist Church is a place where you will find nourishment for your soul and where you will be inspired, challenged and transformed. We offer dynamic worship, spiritual growth, education and programs for all ages, and care for those in need. If you would like to know more about the church, please see the Hospitality Coordinator after the service at the back of the church.

We hope you enjoy your worship experience today and are richly blessed.

Buy your grocery cards here before doing that grocery shopping. They are on sale in Great Hall today and in the Church Office during the week.

Food banks need your help! The item for DenUM for January is beans. The bin for the Jeffco Action Center is in the hall.

CDs of our service are available after the service in Great Hall.

Invite • Inspire • Involve

Lakewood United Methodist Church

1390 Brentwood Street Lakewood, Colorado 80214

303.237.7768 FAX 303.237.3796 www.lumc.net

Senior PastorDr. Melanie Rosa
Minister of Congregational Care Julie Cicak
Director of Worship and Discipleship.....Jim Ward
Minister of Missions and Youth.....Jim Marshall
Director of Hospitality and Congregational Life Katie Vigil
Director of Children's Ministries..... Amy Strader
Director of Music David Heck, Jr.
Organist.....Jim Ward
Marty and The Methodists.....David Heck, Jr., Al Hunter, Amy McKean, April and Brent Nichols, Bill Christie, Fred Rosa, Connor Black and Katie Rosa
Sound.....Max Morse, Linda Lindholm and Terry Whitsel
Video Team..... John Tallerday, Jeff Ward and Gary Grimes
Head Ushers..... Frank Williamson, Roy Richardson, Dick Stall and Dave Alter
Greeter.....Liz Christie
Coffee Hosts..... Congregational Life Team

*SONG OF PRAISE "I Would Crawl All The Way" Putnam/Wilson/Jones
Marty and The Methodists

*HYMN OF PRAISE "I Am the Light of the World" Strathdee

WELCOME AND GREETING Rev. Melanie Rosa
Please record your attendance on the slip and place in the offering plate.

MOMENT FOR CHILDREN Julie Cicak
*Loving Child Care is available for infants to age 3 in Room 103.
Children ages 3- K may go to Room 104 for Sunday School. Children in
Grades K through 5 may go downstairs to "The Summit".
Children can be picked up in Fellowship Hall at 10:00*

SHARING OUR BLESSINGS WITH OTHERS Jim Marshall
When we receive freely and give generously, everyone is blessed.

OFFERTORY "The River" Garth Brooks
Marty and The Methodists

*RESPONSE "Give Thanks to the Lord"
Give Thanks to the Lord (3 times)
God is good and God's mercy forever endures.

SCRIPTURE LESSON Mark 1:4-11 Jim Marshall

SERMON "Drink This" Rev. Melanie Rosa

REMEMBRANCE OF BAPTISM
At this time we invite you to come forward to receive God's blessing through water. This is open to everyone, whether or not you have been baptized.

*HYMN OF DEDICATION "Amazing Grace" 378

*BENEDICTION "Covenant Prayer" 607

*RESPONSE "I Am the Light of the World"
(Verse 1 and Chorus)

Please join us in Great Hall for fellowship and refreshments.

10:30 Worship

January 11, 2008

GATHERING MUSIC "Seasons" (based on Pachelbel's "Canon in D")
Fox and Newmark; Donita Banks, Piano

PRELUDE "I Sing the Mighty Power of God" arr. Labenske
Donita Banks, Piano

CHORAL INTROIT

*HYMN OF PRAISE "Come and Find the Quiet Center" 2128

*RESPONSIVE ACT OF PRAISE Psalm 29 761

WELCOME AND GREETING Rev. Melanie Rosa
Please record your attendance on the slip and place in the offering plate.

SHARING OUR BLESSINGS WITH OTHERS
When we receive freely and give generously, everyone is blessed.

OFFERTORY "Like A River Glorious" arr. Dan Miller

*RESPONSE "Give Thanks" 2036

SCRIPTURE LESSON Mark 1:4-11 Julie Cicak

SERMON "Drink This" Rev. Melanie Rosa

REMEMBRANCE OF BAPTISM
At this time we invite you to come forward to receive God's blessing through water. This is open to everyone, whether or not you have been baptized.

*HYMN OF DEDICATION "Baptized in Water" 2248

*BENEDICTION "Covenant Prayer" 607

*CHORAL RESPONSE

*POSTLUDE "When the Morning Stars Together" arr. Scott

Attendance

Name: _____

Address: _____

Phone: _____

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Visiting? Please use reverse side.

Count Me In for dinner...

Wed. Night Dinner:

Name: _____

Adults _____

Children _____

Please join us in the Parlor for fellowship and refreshments.

January 11, 2009

VISITORS

Name: _____

Address: _____

Phone: _____

E-Mail: _____

____ First time Visitor

____ Wish a phone call

____ Wish more information
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